

“The Holy Spirit” - LESSON 1

“Our Helper”

Main Focus:

The Holy Spirit helps us
in our lives.



Power Verse:

“And I will pray the Father, and He
will give you another Helper, that He
may abide with you forever.”

– John 14:16 (NKJV)



Whatchagaddaknow:

“I Need The Holy Spirit
To Help Me!”

LEADER’S INFO

When Jesus left the disciples and ascended to Heaven, the disciples were convinced that they didn’t have what it took to accomplish the objective Jesus gave them of “go into all the world and make disciples of all nations.” They were right.

None of us have what it takes to accomplish the Great Commission on our own. That’s why Jesus sent a “Helper,” the Holy Spirit, to be the one to help us accomplish His goals!

In this lesson, the children will learn from the story of Jesus promising the Holy Spirit. They will also learn that the Holy Spirit is “Our Helper” sent by God to help us with guidance, helps us have comfort and peace, and helps us know when we have sinned.



“The Spark” Intro Video

“I Could Use Some Help!”



“Whatchagaddaknow” Video

Disco Dave teaches “Whatchagaddaknow”



Character Skit

“I can Fixit”



Offering Time



Game Time!

“Sticky Hands”



Bible Story

“Jesus Promises A Helper”



Power Verse Video

“And I will pray the Father, and He will give
you another Helper, that He may abide with
you forever.” – John 14:16 (NKJV)



Call To Action

“Our Helper”



Rewind!

Review Game



Small Group Experience

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Whatchagaddaknow:

“I Need The Holy Spirit
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Lesson 1 Materials Needed:

“The Spark” Intro Video

- “Lesson 1 - The Spark” Intro Video

“Whatchagaddaknow” Video

- “Whatchagaddaknow” Teaching Video
- “Whatchagaddaknow” Trigger Video

Character Skit

- “Ican Fixit” Theme Graphic/Music

Offering Time

- “Offering Time” Bumper Video

Game Time!

- “Game Time!” Bumper Video
- “Sticky Hands” Graphic
- 4 Sets of “Sticky Hands” (*sold online*)
- 20 Notecards

Bible Story

- “Jesus Promises A Helper” Graphics

Power Verse Video

- “Lesson 1 Power Verse” Video

Call To Action

- “Our Helper” Graphics
- A Large, Heavy Object (*something that weighs about 50 lbs*)
- A Compass
- A Sound Effect of a Stomach Growling

Rewind!

- “REWIND!” Bumper Video
- “REWIND!” Lesson 1 Graphics

Small Group Experience

- Bible Story Print Piece
- Pencils, Crayons, Or Markers
- Lifesaver Candies
- Chopsticks
- Cups
- A Way To Keep Time
- Holy Spirit Print Piece

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Offering Time

Game Time!

“Sticky Hands”

Bible Story

“Jesus Promises A Helper”

Power Verse Video

“And I will pray the Father, and He will give
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Call To Action

“Our Helper”

Rewind!

Review Game

Small Group Experience



Introduction to “The Spark” Intro Video

Leader: Hey, kids! Today, we are starting a series! It’s all about “The Holy Spirit.” We are going to learn all of the ways the Holy Spirit helps us in our lives as Christians.

We all need help from time to time. Jesus knew that we would really need help being strong in our faith. That’s why He promised to send a helper when He ascended to Heaven. The Holy Spirit is that helper He promised to send.

Let’s check out this video to learn more...

(play “The Spark - Intro Video Lesson 1”)

Leader: The Holy Spirit is God. He wants to help us be everything we can be in our lives. He is a wonderful helper. We are going to learn all of the ways He helps us in our lesson today.

Right now, it’s time to find out “Whatchagaddaknow.”

(play “Whatchagaddaknow” Teaching Video)



CHARACTER SKIT

Character: “Ican Fixit” *(He is a guy who loves to try to fix things on his own. His house has many issues, and he does not rely on others to come to the rescue. He should have tools handy, ready to fix anything that may break.)*

Ican: Hello, everyone! My name is Ican Fixit! If you have something that needs fixing, just remember my name!

Leader: Welcome, Ican Fixit. That’s a really unusual name, wouldn’t you say?

Ican: Oh, I agree! When I was born, my dad was trying to figure out how to repair a busted pipe. Water was everywhere! My mother begged him to call for help, but he kept saying, “I can fix it!” That stuck and ended up being my name. It’s much better than what they had planned to name me.

Leader: What was that?

Ican: They were going to name me after my uncle Donald.

Leader: That’s not so bad.

Ican: His last name is Duck!

Leader: Well, that certainly is a one of a kind story! I had a 5th grade teacher named Ruth Boring and, yes, she was very boring! Your name certainly isn’t a boring one, though!

Ican: I have heard that all my life.

Leader: Well, I have to ask the obvious question. Can you actually fix things?

Ican: I can fix anything! I mean ANYTHING!

Leader: Like what?

Ican: Once a friend of mine called and asked me if I could put the chain back on his kid’s bike!

Leader: Did you?

Ican: I did. In fact, I did it four times! The thing would not stay on! My advice was to go and buy a new bike! If I can’t fix it then it can’t be fixed!

Leader: I don’t know about that...

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CHARACTER SKIT *(continued)*

Ican: And once I stopped to help an old lady fix her tire. She didn't have a cell phone, so I called for help!

Leader: I hope you didn't just leave her there after you called for help!

Ican: Goodness, no! I stayed there while this really nice guy fixed her tire.

Leader: Well, it sounds like you're the real deal when it comes to fixing things! Good thing everything around here seems to be working. Sometimes we have problems with the sound and video, but it's not too bad.

Ican: I can fix that! Where's the sound booth? *(starts walking towards the sound area)*

Leader: NO! That's okay! We have people here who do that. You are our guest, so, please, no fixing today.

Ican: If you insist. I can't stay too long, though. I need to get to the hardware store.

Leader: Why do you need to go to a hardware store?

Ican: I had a water pipe bust at my house! Water is going everywhere! I told my family to put on their swimsuits and have fun until I get back.

Leader: Are you sure you can make that repair? It sounds like a job for a plumber.

Ican: How hard can it be? Some pipe, some duct tape, some of that, umm... stuff.

Leader: Please, call a plumber! They are trained to make those repairs, and they guarantee their work.

Ican: Well, I guarantee you that I can do this! You'll see!

Leader: Well, good luck! We are even learning something today that could help you!

Ican: What's that?

Leader: We're starting a new series on the Holy Spirit about the work that Jesus sent Him here to do. One of those works is that He helps us like no one else can.

Ican: Oh, the Holy Spirit! I really want to learn more, but right now I need to get that pipe and... stuff. It was nice to meet all of you! My name is Ican Fixit! If you have something that needs fixing, just remember my name!

(EXITS WHILE HIS THEME MUSIC PLAYS)



GAME TIME

“Sticky Hands”

Items Needed For Game:

four sets of the “sticky hands” (*sold online - small hands with long stretchy strings*); 20 notecards

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Preparation:

Choose two boys and two girls to play in this game. Write various point values on one side of each notecard. Place the notecards face down on the ground in front of the players. Make sure the cards are separated from each other.

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How To Play:

Let each player take turns swinging their sticky hand toward the notecard of their choice. If they are able to “grab” a notecard, they receive the amount of points listed on the back of the notecard.

Each player is allowed five shots. The team that has the player with the most points at the end of the game wins!



Bible Story

“Jesus Promises A Helper”

Materials Needed:

The graphic slides for Lesson 1; begin with the slide that says “Bible Story”; follow the instructions below, changing the slides to follow along with the story (*as shown*)

Preparation:

Familiarize yourself with the passage in John 14; Acts 1-2; have your open Bible in your hands as you tell the story

The Story:

Today’s Bible Story is found in the books of John and Acts. Jesus had been with His disciples for three years, teaching them how to live powerful lives for God. The disciples trusted Jesus, and they depended on Him for instruction and knowledge. (*show pic*) One night, Jesus gathered His disciples together for a meal. He began to tell them that soon, He would not be with them any longer.



As you can imagine, the disciples began to get very concerned. Jesus had been with them since the beginning of His ministry. What would they do without Him? Jesus understood their concern, and so He told them. “I will pray the Father, and He will give you another Helper, that He may abide with you forever.” This gave the disciples some hope for the future.



(*show pic*) Several weeks later, after Jesus had been crucified and risen from the dead, He gathered the disciples together and explained to them exactly who this “Helper” was going to be. He told them to go to Jerusalem and wait for the gift of the Holy Spirit. He said, “And you will receive power when the Holy Spirit comes upon you. And you will be my witnesses in Jerusalem, and Judea, and Samaria, and unto the ends of the earth.”



Then, just as He said these things, He ascended up into Heaven. (*show pic*) The disciples watched Jesus rise up to Heaven, but then they stood there not knowing what to do. Two angels appeared and encouraged them, sharing that one day Jesus would return, so they needed to prepare themselves.



The disciples went to Jerusalem, gathered together in a room, and began praying. (*show pic*) Jesus had told them to go pray and wait for the Helper - the Holy Spirit. They did not have any idea what was about to happen.

Do you know what happened? Jesus’ promise came true! The Holy Spirit did come upon the disciples and began to help them in many ways. From that day on, the disciples began to preach all over the world, sharing how Jesus came and died for the sins of everyone. Many others received the gift of the Holy Spirit over the years.

In today’s lesson, you are going to learn that the Holy Spirit is a Helper for every one of you, as well! You’re going to learn several of the many ways that the Holy Spirit helps us! It’s going to be amazing!



Call To Action

“Our Helper”

Materials Needed:

The “Our Helper” graphics; a large, heavy object (*something that weighs about 50 lbs*); a compass; a large blanket or bed comforter; a sound effect of a stomach growling (*either find one online or have someone “fake” it in a microphone*)

Preparation:

Begin with the slide titled, “Our Helper”



The Message: (*title slide*)

I need somebody to help me do a task. (*pick one small child and ask them to come up on the stage.*) Do you see that over there? (*point to the heavy object*) I would like you to lift that and carry it to other side of the stage. Can you do it? (*allow them to try*) Why not? Well, at least try. Okay, what if I got somebody else to come help you out? Then do you think you could do it? (*pick an adult leader to help the child lift the heavy object*) All right, now that you’ve got someone to help you, see if you can lift it together. (*allow the two of them to lift and move the heavy object*) Awesome job! (*have them sit down*)

Now, was the kid able to complete this task by him/herself? No! What did they need? (*allow response*) They needed someone to help them. It’s that way all throughout life. In life, we face difficult things - things we can’t do on our own. In those times, we need someone to help us.

In our lesson today, we are learning about the Holy Spirit. The Holy Spirit is a gift from God, sent to be our Helper. There are several things that the Holy Spirit helps us do. These are things we can’t do on our own. You might be thinking, “Well, what can the Holy Spirit help me do? Will He help me learn to fly a plane? Or will I suddenly be a math genius? Or maybe instead of flying a plane, I can fly - like Superman? Well, no! The Holy Spirit helps you do things that are much more important than those things. These are things that will help you in your goal of being a life-long follower of Jesus Christ.



The Holy Spirit Helps Me With Guidance (*slide*)

Have you ever been out in the woods and suddenly realized you were off the trail? It’s pretty scary when you are in the middle of a forest and don’t know which direction to go to get to safety. When you are in that situation, one of the best things for you to have is one of these (*show the compass*). The compass can help you know which direction is the right one to go in order to get to the right destination.

The Holy Spirit does the same thing. The Holy Spirit is the One who leads you and guides you through difficult decisions in life. Many times, we don’t know what to do, so we ask the Holy Spirit to help us decide.

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Call To Action (Continued)

Maybe you are having a hard time deciding whether or not you should be friends with a certain person. Maybe that person is a bad influence and is leading you into trouble. Maybe you can't decide what sport you should get into or what school you should go to. The Holy Spirit can help guide you and help you through those tough decisions. Not only that, but...

The Holy Spirit Helps Me Have Comfort And Peace (slide)



Have you ever had something really bad happen and you just couldn't help but be worried and upset about it? Maybe your dog died. Maybe you got a really bad grade on your report card. Maybe there was a bully at school who said he was going to hurt you if you came to school the next day.

Well, it's in those times that the Holy Spirit comes and helps you calm down and feel at peace. Jesus called the Holy Spirit a "Comforter." (*hold up the blanket or bed comforter*) He helps bring comfort to us in hard times. Much like you wrap a "comforter" around you when you are going to bed or when there is a bad storm outside, the Holy Spirit helps bring comfort and peace even when things are going terribly wrong. All you have to do is ask Him. And finally...

The Holy Spirit Helps Me Know When I Have Sinned (slide)



Do you know where this sound comes from? (*Play a sound of a stomach growling*) When you hear this sound, what does that typically mean? (*allow response*) That's right – you're hungry!

The Holy Spirit works in kind of the same way. Just like you get a particular feeling when you're hungry and your stomach is growling, when you sin, you feel a feeling called "conviction." It's a feeling that lets you know you've messed up. None of us are perfect. In fact, we all sin. Sometimes, you might not realize something is sin on your own. The Holy Spirit is there to let you know, "Hey, you have sinned. It's time to ask for forgiveness."

We've talked a lot about the Holy Spirit today and how the Holy Spirit is our Helper. Being a follower of Jesus isn't always easy. It's so much better to go through life with an amazing Helper rather than trying to do it all on our own. The Holy Spirit wants to help you. All you have to do is ask Him.

ALTAR RESPONSE: (*play soft music*)

Lead the children in a time of seeking the Holy Spirit. Have them ask the Holy Spirit to come into their lives and help them with guidance, comfort, and knowing when they have sinned.



Materials Needed:

“REWIND!” Lesson 1 Graphics; “REWIND!” Bumper Video

Preparation:

Play the “REWIND!” Bumper Video; Begin with the slide titled “REWIND!”; there is a slide for each question

1. Whatchagaddaknow today?

Answer: “I Need The Holy Spirit To Help Me!”

2. In our Bible Story, what did Jesus promise to send to the disciples?

Answer: The Holy Spirit (A Helper)

3. Where did Jesus go after He promised to send the Holy Spirit?

Answer: To Heaven

4. What were the disciples doing while waiting in Jerusalem?

Answer: Praying

5. Were the disciples weak after they received the gift of the Holy Spirit?

Answer: No

6. According to our lesson, “The Holy Spirit Helps Me With _____.”

Answer: Guidance

7. According to our lesson, “The Holy Spirit Helps Me Have _____ and _____.”

Answer: Comfort and Peace

8. According to our lesson today, “The Holy Spirit Helps Me Know When I Have _____.”

Answer: Sinned

9. Does the Holy Spirit truly help us live for God?

Answer: Yes

10. Where was our Power Verse found?

Answer: John 14:16